

# The Medicine of Divine Duality

## *Retreat*

July 16 - 21, 2023

Karlevi Sweden

with Inaya Oakroot

**Oakroot Spiritual Academy**

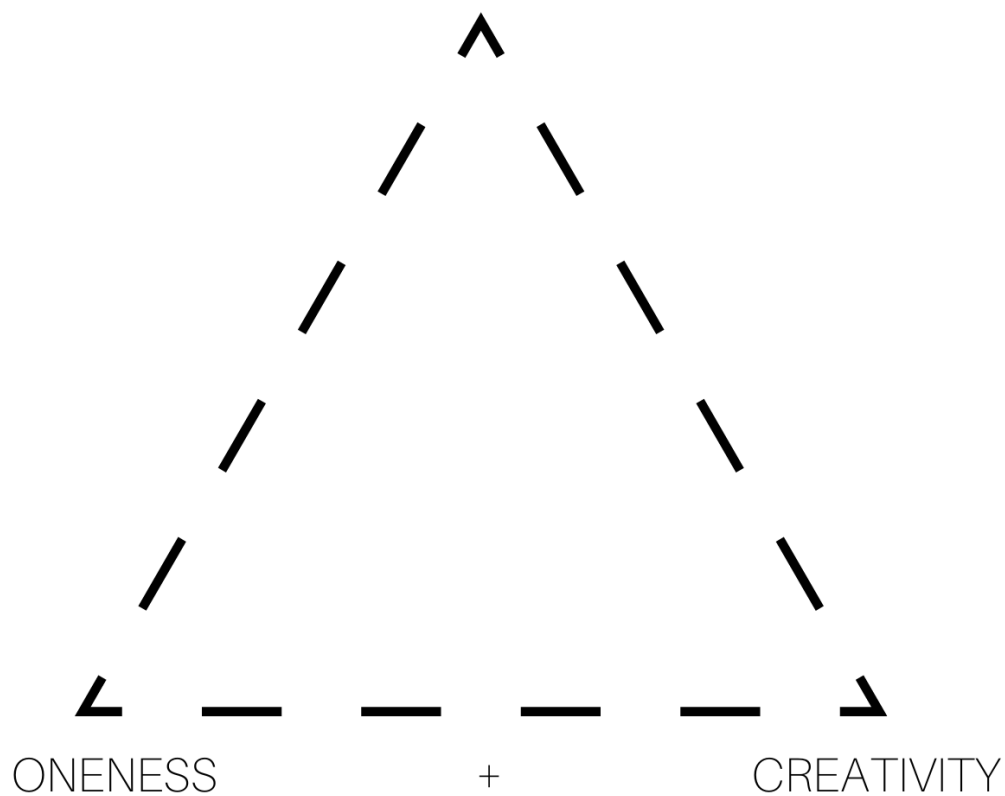
[www.oakrootspiritualacademy.com](http://www.oakrootspiritualacademy.com)



Max 10 participants

# Divine Duality

The field created from the evolutionary state of the new paradigm on Earth.



Do you want to finally come home?

Get out of the wheel where you make your money where you don't really belong?

Access to realizing your own medicine and wisdom?

And add your own individual voice as a magical tool for healing and creation of reality?

My last retreat was called "Being Human is greater than you think"

This is the next phase of human evolution.

We are needed in our Divinity. Who we are when we step around the coin of duality, to the other side.

The retreat have lots of time for rest; necessary to harness the intense sensations of wisdom, enjoyment, healing and your path to manifesting your often hidden inner potential. Your potential feminine power will be harnessed to effortless performance; and by that activate your masculine potential in balance. Creativity is inherent in that process.

The wisdom that comes from your own integrated intelligence will open a portal and tools to take advantage of your life in love. A structure will emerge for how you want to continue to serve yourself, at the same time feed yourself and face the outside world. Divine duality is a portal to achieving what we have long sought.

All that you already are and have, your inner voice is the way. You are perfect as you are and everything you have experienced is your asset.

Divine Duality is the sweet area created, when your present moment contains the sum of two counterparts. The creative, loving area of oneness expanded into interplay with itself. When two counterparts match and merge with each other you are let into a portal to another dimension of existence. A living field of love and potential.

During our retreat we will convert duality. Everything we have created thanks to duality; ego, shadow, filter, which in turn have created guilt and shame, contradictions and strife, can be eliminated thanks to the other side of duality.

Inaya has coined the name Divine Duality since experiencing Yin/Yang in its true energy, beyond the mind's understanding.

The creative, loving realm of Oneness has expanded into an interaction with itself.

When two counterparts match and merge with each other, you are released into a portal to another dimension of existence. A living field of love and potential.

Divine duality restores and underpins our ability to love... in the first step we regain our ability to love ourselves.

Most of the program will use high frequency sounds and be practical. It will activate our voice, body and creativity. Our voice is such a valuable tool as it can provide instant healing and it powerfully creates reality. It is the first form of the source energy of the Cosmos.

*Do you want to join?*

This year's only physical retreat on Karlevi/Sweden will be between July 16 - 21.

You can read more about Divine Duality in Inaya Oakroot's Amazon #1 best selling book *Unfolding - Awakening to your Pure Potential*, which you will receive a signed copy of at the retreat as part of your welcome pack.

Divine Duality is nothing new, but thanks to an available higher frequency on Earth, it has become apparent. The very form and structure of Divine Duality gives the brain contours and knowledge to understand what has previously been formless. And it is our worldview and brain limitations that have kept us in the old paradigm. Only when our worldview allows the brain to operate in new dimensions can we reach what the contourless nature of our heart has latent.

# *Surely this is exciting news!!!?*

We will practice unity within ourselves, our communities, workplaces and with the dynamics of the Cosmos and Earth. With the help of guided meditations, combined with high-frequency sounds, we arrive at a state where we can create our own life in every present moment. We will learn how to use undertones and sounds of vowels/consonants that provide immediate response of healing – The healing of our imbalances/diseases is the path needed for us to be free to enter into our pure potential / our Divine Duality.

Divine Duality is for you if you want to

- ☐ Be a part of serving and harvest the pleasure of the paradigm shift on Earth.
- ☐ Interconnect your 3D world and your superconscious self.
- ☐ Find your Pure Potential and use it in your daily life.
- ☐ Find your way to earn your living from where you belong.
- ☐ Leave the era of guilt and shame
- ☐ Understand yourself from a point of selflove.
- ☐ Have energy and trust that your life is important.
- ☐ Evolve new parts of yourself in sacred space.
- ☐ Experience that your Divine uniqueness have a place in the world.
- ☐ Experience a life where you do less to achieve more.
- ☐ Serve humanity with just being yourself, manifesting your dreams.
- ☐ Have flow in your daily life, making your trajectories unfolding effortlessly.
- ☐ Heal from wounded stories.
- ☐ Use your voice to heal and connect to your Divine beingness.
- ☐ Experience ease in life.

# Preparation

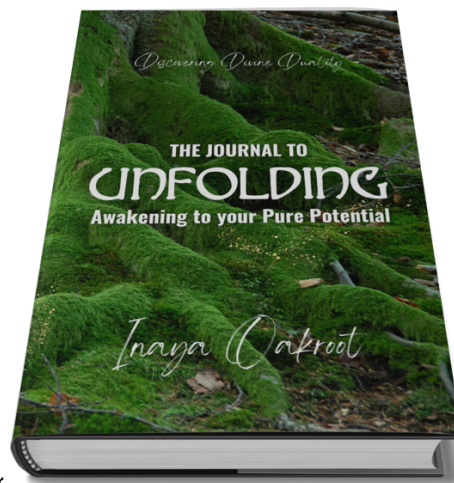
Soft clothes that will make you comfortable moving your body, to music and drawing.

Be prepared for early mornings.

# Welcome Pack



A signed copy of the book



PLUS The Journal to Unfolding





# Day One

July 16, 2023

5 pm - 8.30 pm

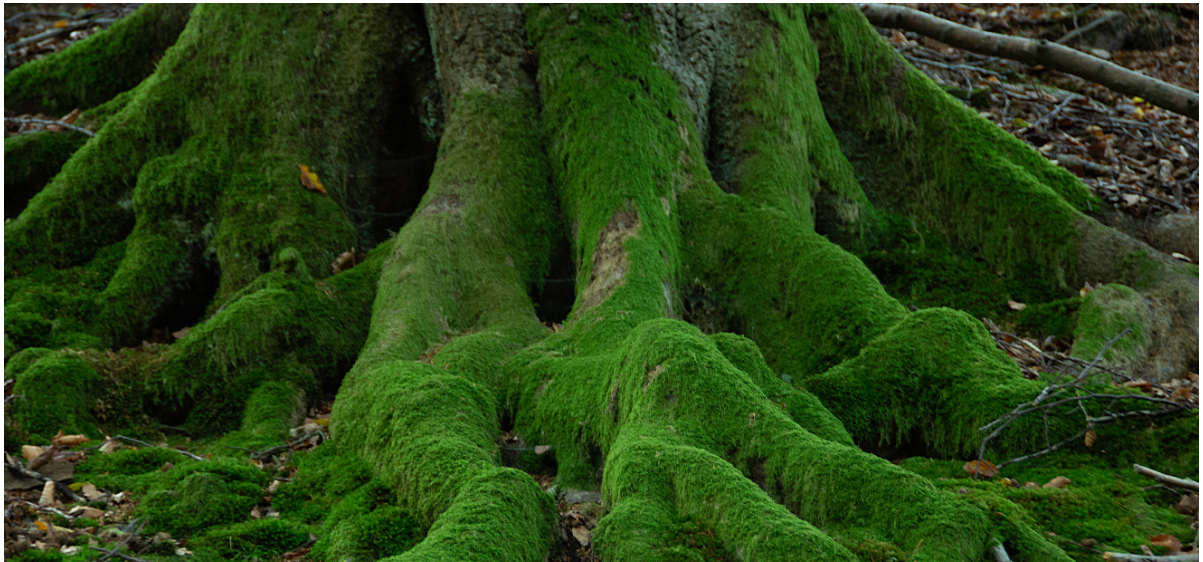
We open our retreat with a ceremony outside, at the world heritage Alvaret, and then continue the ceremony inside the studio. The ceremony invites and establishes our connection with all dimensions and guides who are then with us and support the retreat.

High frequency/rhythmic sounds bring us into the state where we are fully grounded and present in all aspects of ourselves.

A guided meditation brings us into the understanding and experience of Divine duality, to our own receptivity in the present.

We will ceremoniously step out of that which we desire to release, and plant our seed of longing; an intention that will grow and establish itself during the retreat.

8.30 pm Evening Meal



# Day Two

July 17, 2023

Theme Day 2

Connect with the universal Divine network through "Divine Duality".

Forgiveness, healing, letting go, and belonging. Conscious healing with our voice.

7 am - 9 am

Sharing

Breathing exercise

Guided meditation. Cosmos and the laws of the Earth. Understand the symbolic world. Conscious receivers and transmitters. The two faces of duality: the "triangle of victim", and the content where opposites merge into unity; Divine Duality.

Forgiving and letting go.

Sound undertones and experience our ability to scan and heal our body through our voice.



9 am - 10 am Breakfast

10 am - Noon

Chakra balance. Our unity between our feminine/masculine power. Our unique Seed of life. Using our voice as creative force and catalyst with pure healing source energy.

Noon - 4 pm Lunch. Own time. Opportunity for time in nature and swim in the sea, creation and rest.

4 pm - 6 pm

Experiencing our light body, our Merkabah, and our source of healing.

Healing our mother's and father's genetic lines.

Sharings in circle.

6 pm Dinner



# Day Three

July 18, 2023

Theme Day 3

Divine Duality and the rebirth of our creativity where it arises from awakened potential. Conscious healing and potential through our voice.

7 am - 9 am

Sharings

Breathing exercise

Dance/Yoga/Qi gong

The six paths of guidance. Energy connections for conscious creation.

Guided meditation into the triangle of Divine Duality. The journey into the portal to a new platform of creation.

Experiencing your pure potential and your possible re-creation of reality.

9 am - 10 am breakfast

10 am – Noon

Your unique altar – your avatar

Our brain/heart and body. Their unique intelligences and their changed capacity when combined as conscious tools.

Noon – 4 pm Lunch. Own time. Opportunity for time in nature and swim in the sea, creation and rest.

4 pm – 6 pm

Nature as midwife.

Your inner voice and essential intention. Sound it into eternity. (Steps 1-2 in the Manifestation wheel)

The use of symbols

Sharings in circle.

6 pm Dinner



# Day Four

July 19, 2023

Theme Day 4

Dedication and direction. Conscious healing and safety through our voice.

7 am - 9 am

Sharing.

Breathing exercise.

Dans/Yoga/Qi gong

"Appreciate inquiry"

9 am - 10 am breakfast

10 am - Noon

Guided meditation using Divine Duality to transform intention into form. (Step 3 of the Wheel of Manifestation).

Noon - 4 pm Lunch. Own time. Opportunity for time in nature and swim in the sea, creation and rest.

4 pm - 6 pm

Root your feminine/masculine balance on a new level, and your inner voice.

Building structures.

Celebrate yourself.

Sharings in circle.

6 pm Dinner





# Day Five

July 20, 2023

Theme day 5: The universal magic. Ourselves as empty vessels, able to become one with the pure flow of the cosmos and become magicians. Our voice and body as a medium.

3.30 am - 5.30 am

We will Create flower essence in the Dreamstate.

Car trip to the silence before sunrise on the east coast of the island. We will experience the magic time where the moon and the sun are in their state of being one with each other.

6 am - 9 am Breakfast and time for just being in our here and now.

9 am - Noon

Breathing exercise

Sharing our morning experiences.

We as empty vessels. Experience the now moment.

As a quick sketch, we're redoing our Manifestation Wheel intuitively.

Noon - 4 pm Lunch. Own time. Opportunity for time in nature and swim in the sea, creation and rest.

4 pm - 6 pm

Symbols describing the manifestation.

Stepping stones to manifestation.

Sharings in circle

6 pm Dinner



# Day Six

July 21, 2023

Theme day 6: Overview and completion.

7 am - 9 am

Sharings

Breathing exercise

Individual completion

9 am - 11 am Breakfast and individual needs

11 am - 2 pm

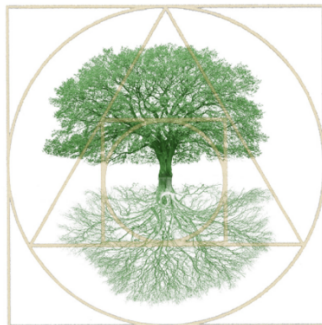
We close the retreat in ceremony

2 pm Lunch



Easy next step is to

*Book your Free Discovery Session*



**FREE**  
DISCOVERY SESSION

And talk it through with Inaya.

To book visit the website [www.oakrootspiritualacademy.com](http://www.oakrootspiritualacademy.com)